

# Care Home

VS

# Home Care

## Which is best for you?

Moving into a care setting can be a challenging time for families. Our comparison fact sheet shares information on the benefits of moving into a Care Home or choosing Home Care.

	Care Home	Home Care
<b>Care and wellbeing</b> 	Around the clock care as dedicated trained staff are available 24/7	Care only provided at specified pre-agreed times
	Dedicated nursing and dementia care available	Nursing and dementia care often needs to be sought in addition to traditional home care services
	Many Gracewell care homes are commended for the quality of their end-of-life care after the completion of a rigorous programme of training and assessment	End-of-life care may be provided at home or require a move to a care setting such as a hospital or hospice at an additional cost
<b>Environment</b> 	Gracewell assist with scheduling of appointments and available to attend if required	Family are responsible for organising GP and hospital visits
	Support available to access independently or with team members	Reliant on family for support to access local services
	Stimulating and engaging environment designed with seniors in mind. Residents are cared for in a safe and secure environment	Often necessary to add support aids to existing home to ensure safety
<b>Food and nutrition</b> 	Social environment to encourage companionship. Family and friends always welcome to visit	Limited companionship from a regular daily visitor or live-in carer. Visits typically last between 15-30 minutes and are often task orientated
	Residents benefit from a variety of dining options by award-winning chefs, a nutritional programme overseen by a qualified nutritionist, and cafes offering snacks around the clock	Seniors must cook their own meals or arrange for a meal delivery service
<b>Activities and leisure</b> 	Dedicated Activities Organisers help ensure that residents benefit from a varied activities programme focused on the mind, body and spirit	Isolation is common due to lack of engagement from time spent alone
<b>Cost</b> 	Costs are clear and reviewed on a regular basis	There may be hidden charges and fees for additional services provided
	Costs inclusive of meals, laundry, housekeeping and activities	The overall cost of home care can be higher than the cost of moving into a residential setting

For further information, contact your local luxury care home.

[gracewell.co.uk/care-homes](http://gracewell.co.uk/care-homes)